



# HOMEPLACE

## NEWSLETTER

WINTER EDITION August 2021



### An update from Julie

I'm writing this edition on what seems like the first day of sunshine that has some warmth to it in ages — a taste of Spring which just lies around the corner. The Tokyo 2020 (+1) Olympics have just finished with inspirational achievements by many athletes from around the world. One of my favourite "Aussie" moments was seeing Decathlete Cedric Dubler sacrifice his own personal athletic ambitions to support, drive and push his mate Ash Maloney achieve his personal best and a bronze medal in the Decathlon.

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That sense of selflessness, camaraderie and being passionate about another's achievements ahead of one's own, is also central to the 'HomePlace Way' of providing support, that is, support which:

- Is "Participant-first" focussed
- Is provided with kindness, a genuine sense of caring and dedicated to enabling Participants to lead a life that is right for them
- Reflects our values of **Respect, Trust, Safety, Partnership** and building great relationships with Participants, supporting them to connect to and belong in their communities
- Shows a strong commitment to continuous improvement – support that is always striving to take the standard of support 'to the next level', and
- Aims to create or strengthen roles that people with disability can undertake and contribute to our society.

At our inaugural Winter Wonderland event on 9th July 2021, the HomePlace Way was highlighted through the actions of two of HomePlace's support workers: Daniel Ashwood and Alex Monteiro Praca. Daniel and Alex's standard of care and support of one of HomePlace's participants during and after a recent incident was commended by the SA Ambulance Officers involved. As a result of their outstanding support, Daniel and Alex were co-winners of the first ever "HomePlace Way" award.

Leo Tolstoy once said "Spring is the time of plans and projects'. An important plan for HomePlace is our next Strategic Plan – the road map that will guide our decisions, priorities and actions for 2021-2025. The HomePlace Board and Leadership team have been immersed in going through feedback from participants, families, staff, experts in the disability sector, and take-away messages from innovators in the world of disability support provision and other industries,

to inform and shape HomePlace's next Strategic Plan. Thank you to those who have passed on their response to the three questions:

1. *"For you, what does HomePlace do really well to support you to have a good life?"*
2. *"What could HomePlace do better for and with you?"*
3. *"If HomePlace could do one NEW thing or one thing DIFFERENTLY to help you have a better life, what would it be?"*

stay tuned for our next newsletter for what our strategic goals and HomePlace's road map for the next few years will be.



*Daniel and Alex, co-winners of the "HomePlace Way" award.*



An important project that is well underway is designing and implementing improvements to our 'rostering' or 'participant support scheduling' system. We are transitioning to some new processes which we aim to ensure for each Participant and family a more consistent schedule of each Participant's team of staff and supports, so that Participants and families can have confidence that you will receive them at least seven days ahead of when the four-week roster cycle starts. Please be patient as we implement our improvements to this new way of working. Please provide feedback over the next few months as to how the new system is working from your point of view.



**Jodie Loudon**

Another key project is being led by Jodie Loudon. We welcomed Jodie back to the HomePlace team in early July. Jodie will be well-known to most of you. Jodie has been appointed to the role of Special Projects Coordinator, and her first area of focus is checking that our rosters of care and schedule of supports for each Participant is in alignment with their approved

NDIS plan and budget. Jodie is uncovering some gaps given some of the NDIS changes that came into effect 1 July 2021, and will be in touch with a number of HomePlace participants and families to realign and create a best fit of supports that we can provide within their NDIA approved budget.

As August draws to a close, make some time to:

- watch and celebrate the athletic achievements of our athletes at the Tokyo Paralympics,
- if you haven't already done so, please have your COVID vaccinations, and
- as spring emerges, take some time to 'smell the roses'.

**Julie Bowman**  
*Chief Executive*



Thank you for attending our

# WINTER WONDERLAND!



# DAVID IS KICK-BOXING GOALS!

David uses his Community Participation funding to do kick boxing – this has been a goal of David's for a long time and he is achieving this now twice a week.

Along with kick-boxing, David attends several community centres in his local area – attending Literacy Learning & Numeracy, Cooking & Gaming classes. He enjoys gardening/lawn mowing and cares for his companion 'Cawley' his border collie.

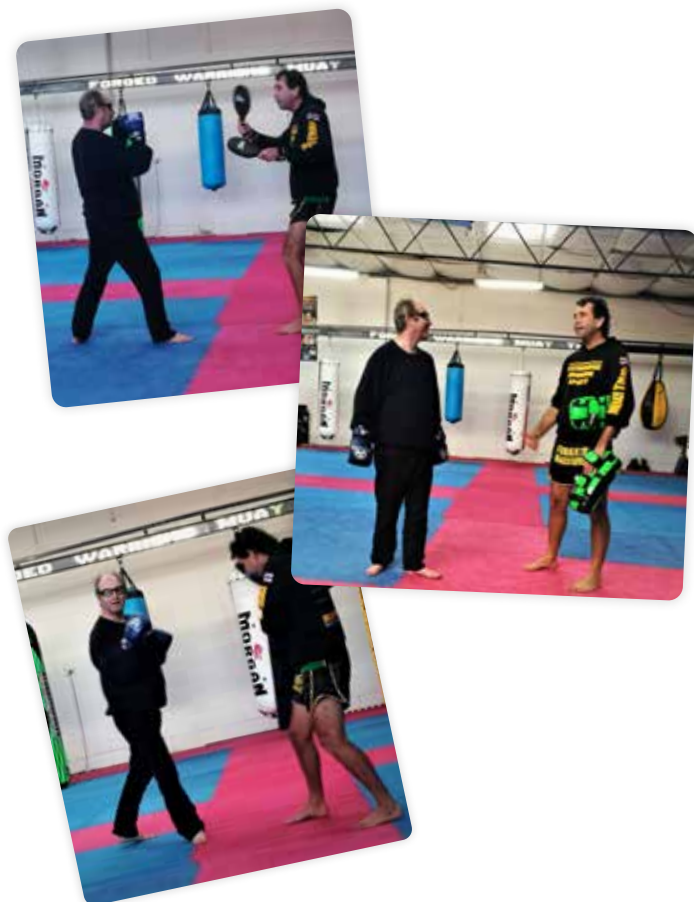
In 2019 David had a double bypass and was close to losing his life.

"I started working alongside David five years ago and have watched him make huge positive steps in his life, and that makes me incredibly proud of him."

With support from his Homeplace team, David has turned his life around.

**Lisa Jenkins**

*Senior Service Coordinator*



## STRATEGIC PLANNING DAY

The Senior Leadership team and Board of Management met in August to plan the strategy for the next few years at HomePlace. We thank former Board Chairman Kim Thorpe for his excellent facilitation of our strategic planning session.







Congratulations to  
**JULIE COWLING**  
for 35 years of service to Orana



## GETTING VACCINATED

Well done to our participants (Jack, Craig, Deb & Pete) who have rolled up their sleeves to get vaccinated against COVID-19!



## WORKING HARD TO SET UP A HOME FOR GABY

Just a few photos of the amazing team setting up Gaby's new home at Broadview.



## MASTERCHEF ROGER

and his latest achievements in the kitchen.  
Great job Roger, Lisa M and Vicki L!





# HYDROTHERAPY SESSION BRINGS FITNESS AND FUN TO SAM



Philip is a great guy. He is calm and patient and Sam engaged with him quickly and tried nearly everything that Philip asked him to do. The only things Sam was nervous to do were free floating and lifting both legs while seated.

Philip is used the buoyancy belt, noodle and collar to help Sam feel more balanced and supported in the water as he does his exercises.

Sam did walking exercises, forwards, backwards and laterally, starting with normal size steps and moving to larger strides.

Philip then took Sam into the deeper water and had Sam "ride the bike" which meant Sam would have to take both feet off the bottom of the pool.



It took a few goes, but once Sam realised, he wouldn't sink, he undertook the exercise and they did four crossings of the pool back and forth. I've got to admit that I was rather proud of him at that point.

The last part of the session was testing the range of movement that Sam had in his legs.

Philip got Sam to sit on the step and then tested both legs. Philip noted that Sam's hamstrings were quite tight before reaching full extension, so will adapt the exercises to help improve the range of muscle movement.

The session length suited Sam, he engaged in the exercises without any frustration or anxiety and he finished the session in a happy mood.

I think Sam will benefit greatly from these sessions, not only from the health perspective, but also in becoming more self-confident in his own abilities in the water.

**Walter Elliot**

*Senior Support Worker*





## CASTING CALL!

RMT Management is looking people with a disability to feature in their stills campaign for an employment agency!

They are specifically looking for individuals who genuinely suffer from an injury, illness or disability.

This is a PAID photoshoot and will involve no more than half a day of shooting.

If you are aged between 16 years – 50 years and are interested in being considered for a role, please send a natural photo and details about yourself to [admin@rmtmanagement.com](mailto:admin@rmtmanagement.com)

1x full body shot and 1x headshot (from chest up)

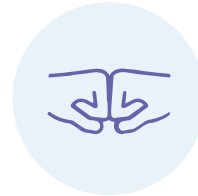
Tell us about yourself, your situation, if you are currently employed or looking for work, and what kind of jobs interest you.

If you are interested, please apply and we wish you luck!





# The Place I Call Home



Respect



Trust



Safety



Partnership

## WHO WE ARE

Established in 1989, **HomePlace** was formed by a group of parents who were seeking to secure an independent future for their adult children with intellectual disabilities.

Three decades later, the HomePlace service is just as personable, where **we support people with disabilities** to live well by participating in their own home and community.



## HomePlace

LIFESTYLE SUPPORT  
FOR INDIVIDUALS WITH A DISABILITY

19-21 Belmore Terrace, Woodville  
South Australia 5011

9am-5pm Monday - Friday

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