

HOMEPLACE

NEWSLETTER

Summer 2025



A new year is a great time to plan new goals.



We want to know what you really enjoy and want to keep doing.

(continue to next page)



We want to know how we can support you to do these things.



We are having a Pizza and Planning Night on 4 April 2025 at Findon Community Centre at 5 PM to 7 PM.



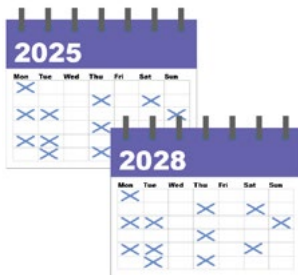
We will do activities to help you share your ideas.



Your ideas will help us to make HomePlace better so you can live your best life.



Your ideas will be looked at by the HomePlace Board to make a new future plan. It will be called a '**Strategic Plan**'.



The Strategic Plan will say what HomePlace's plans are for 2026 until 2028.



Please look on Page 14 for the invitation.



Use the QR code to sign up for the Pizza and Planning Night.



You can also call us on the phone to tell us that you want to come.

You can call HomePlace on 8445 9900.



Tell us what pizza you like and food needs you have.



You can join in online if you want. Choose 'online' when you sign up. We will e-mail you a link about a day before the night.



Ask your family members to come with you and sign up as well.



We hope to see you and your family there.



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2025 has started quickly. The people we support have shared pictures and stories of summer fun, friendships and festivities.



Di

bopped away and sang along at the Wiggles concert.



Pip

celebrated her birthday and enjoyed reading all the messages from the HomePlace team.



Kane

celebrated his birthday.



Tina

has enjoyed Christmas festivities in her neighbourhood. She has not let an arm injury get in the way.



Tommy

has moved into his new place with the support of his HomePlace team. He now calls his place 'home'.



Wayne

nothing like a beer at the local pub!



Jasmine

had her exhibition at Campbelltown Library – congratulations Jasmine, we understand that much of your artwork has sold!



Steven

has moved into his new home. Many people helped to make sure that Steven and all of the things that are precious to him made the trip safely.



Gavin

has been testing his skills and fishing equipment and we understand his first catch is still to come!



Jackie

celebrated her birthday with family and friends.

Our staff have had things to celebrate too.



Ben

celebrated his birthday with his best mate at Sydney's urban surf wave pool, including a night session under the lights.



Megan

celebrated 11 years of working at HomePlace.

2024 HomePlace Christmas Party









HomePlace Christmas Hampers



We were thrilled to see that so many of the people we support really enjoyed their Christmas Hampers.

Gavin



Kobi



Emily



Pam



Alison



Jackie

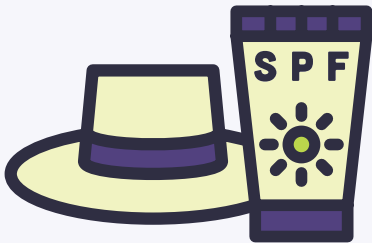


Staying Safe in Summer

The hot weather can be hard to deal with.
Here are easy ways to stay safe:



Drink lots of water, even if you do not feel thirsty.



Wear a hat and sunscreen when you go outside.



Stay in cool places during the hottest part of the day
(usually 11 AM to 3 PM).



Keep medicines away from hot places.

Fun Recipe: Easy Summer Smoothie

Make this yummy drink with a friend or ask your HomePlace staff member to help:



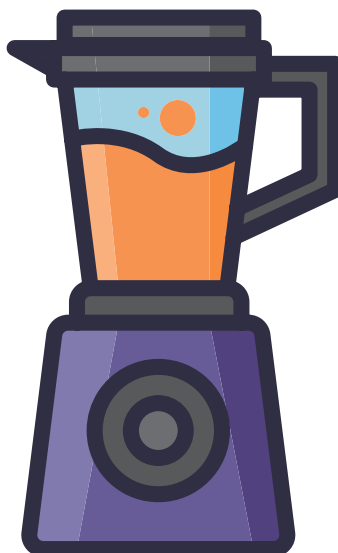
1.
Put frozen fruit
in a blender.



2.
Add yoghurt.



3.
Add juice.



4.
Blend until smooth.



5.
Share and enjoy!

Tips to stay cool

When it is very hot:

- Put a wet cloth on your neck
Use a spray bottle with water to cool down.
- Stay in rooms with fans or air conditioning.
- Wear loose, light clothes.

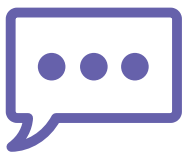
If you feel sick from the heat

- Tell someone right away – your HomePlace staff member if they are with you, or call your HomePlace Senior Coordinator.
- Go to a cool place.
- Call your doctor.



Pizza & Planning Session

This is a chance for the people we support and their families to come together and shape the future of HomePlace.



Please share your ideas at our Pizza & Planning Night.



Scan the QR code
to register

or Phone 08 8445 990
by Friday, 28 March 2025



Findon Community Centre,
222 Findon Rd, Findon SA



+ Online (A meeting link
will be sent via email)



Friday, 4 April 2025 5:00pm - 7:00pm

Can you help Julie in her swimming challenge?



Julie loves swimming.

She has entered a swim event in Perth that is really really long.

Julie will try to swim 25 KM.

It will take her 8 hours, maybe more.

Julie is doing the swim to raise money for surf life saving.

Surf life savers rescued Julie 12 years ago when she got into trouble swimming.

Julie is raising money for:

- a person living with disability, and
- a person new to living in Australia train to become volunteer surf life savers.



To help Julie, scan here or go to:

<https://fundraise-for-surf.raisely.com/j-bowman>

HomePlace has 4 goals

These are the HomePlace Goals:

Strategic Goal 1 Quality at Core



This means that HomePlace will provide the best care and support for people with disability.

Strategic Goal 2 Growing the 'HomePlace Community' and supports



This means HomePlace will look for ways we can provide excellent support for more people with disability.

Strategic Goal 3 Partnerships & Collaborations



This means HomePlace will look for other organisations who think the same way we do. We will work together with them.

Strategic Goal 4 Thriving over the long term



This means that HomePlace will keep supporting people with disabilities for a long time.

The Place I Call Home



Respect



Trust



Safety



Partnership



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