

New ways to share support



We support people living with disability to join or start small groups where they learn skills and do fun activities together.

The activities might be:

- Sport.
- Health and fitness.
- Music.
- Cooking.
- Shopping.
- Arts and crafts.
- Running their own business.



The BELLES are 5 women living with disability.

They had a fun idea to share support.



They started their own business.

They work together to make Christmas and birthday cards, decorations, door stoppers, plant hangers, and other items.